

# Cat food.... What you should know!



## GOOD Quality Cat Food

- Good nutrition is perhaps the single most vital factor in the health and well being of our feline friends.
- Feeding good quality cat food is easy and affordable when you know the facts!
- Pet food recalls have pointed out yet more risks associated with feeding poor quality foods made from questionable ingredients.
- Good quality cat food has a **SPECIFIED MEAT** as the #1 ingredient listed on bag (i.e. **Chicken, Turkey, Lamb, Rabbit**).
- The *fewer* fillers the better! Cats' bodies cannot process carbohydrates. Rice, corn, soy, wheat, etc. do not fill a cat up, it leaves them unsatisfied and will cause them to eat more which means more money for extra food, more trips to the litter box (so more money for litter) and obesity!

### Readily Available Cat Food We Recommend

- 🐾 Stella & Chewy's
- 🐾 FirstMate
- 🐾 Party Animal/Cocolicious
- 🐾 Nature's Variety
- 🐾 Rad Cat
- 🐾 Lotus, Small Batch

### Quality pet food retailers:

#### 🐾 **S.A.R.A.'s Treasures**

- 🐾 All American Pet    🐾 The Healthy Pet
- 🐾 Healing Paws Wellness Center
- 🐾 Nature's Pet

### Benefits of good quality food:

- A longer life with fewer health problems (fewer vet visits!)
  - \* Shiny, dandruff free coat
  - \* Less waste and odor in litter box



## POOR Quality Cat Food

- Poor quality cat food is the foundation of most of the common health issues we see in our feline friends today including:
  - \*Obesity
  - \*Urinary crystals
  - \*Urinary blockages
  - \*Diabetes
  - \*Dandruff
  - \*Gingivitis
- Poor quality cat food does **NOT** have meat of any kind as the first ingredient.
- **Even the most popular vet recommended brands have Corn as their first ingredient!**
- Some of the most popular brands have **NO MEAT** at all....only by-product meal (a cheap substitute for real meat) and poor quality fillers from questionable sources.
- By-product meal is made up of animal parts considered "*unfit for human consumption*" such as heads, feet, beaks, eyeballs, brains, feathers, etc. of diseased, dying, disabled, or dead animals. Even rotten meat from the grocery store, still on the Styrofoam packaging is used. If there is no distinction as to the source of the meat, i.e. **meat by-product or animal by-product**, it can contain meat from **ANY** source including road kill and euthanized cats and dogs.

### Stuff that should NEVER be in cat food:

- \*By- products    \*Corn    \*Wheat    \*Soy
- \*Synthetic preservatives  
(BHA, BHT, ethoxyquin, propylene gallate, propylene glycol, and menadione)
- \*Artificial coloring/flavoring

### Resources:

- The Basics of Feline Nutrition by Lisa A. Pierson DMV [www.catinfo.org](http://www.catinfo.org)
- The book "Foods Pets Die For: The shocking facts about pet food"

Courtesy of:



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